

पत्रांक:- 1319 /कटिहार,

**प्राचार्य का कार्यालय**  
**राजकीय पोलिटेकनिक, कटिहार**

दिनांक:- 24 / 12 / 2025

**सूचना**

संस्थान के व्यायामशाला (GYM) हेतु उपस्कर एवं सामग्रीओं के आपूर्ति करने हेतु Quotation आमंत्रित की जाती है। आपूर्तिकर्ता दिनांक-30/12/2025 तक ऑनलाइन माध्यम से संस्थान के email Id- principal124gpkatihar@gmail.com पर Quotation प्रेषित कर सकते हैं साथ-ही-साथ Offline mode के माध्यम से संस्थान में जमा करा सकते हैं। सामग्रीओं की सूची निम्न प्रकार है :-

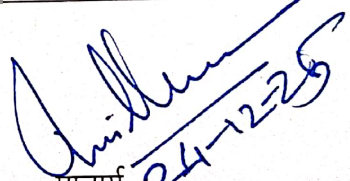
Sl. No.	Items	Qty	Specification
1	SMITH MACHINE- (All in One Home Gym Machine   Chest, Bicep, Tricep, Back Workout   Ultimate Strength Training   PVC (Red Black) BRAND- LIFELINE, FITLINE	1Nos	Supply and Installation / BUILT QUALITY - Manufactured with the latest laser cutting technology and by commercial grade ISI 4 x 2 inches frame with Linear Bearing Smith Machine, Stainless Steel panels and Inter-Locking Attachments. The machine has been designed with proper bio-mechanism and exhibit force on proper workout areas. The weight of the entire machine is around 450 kg including 80-80kg High Grade PVC Weight Stack and its heavy structure makes it super sturdy and durable. USP - Laser cut panels, Laser cut frames, Imported Powder Coat Colour, Improved Design ATTACHMENTS & ACCESSORIES - J-hooks for squat rack & Manual Bench Press, Dips attachment, Landmine/T-bar Attachment, Safety Panels for manual squats or bench press, Ground Pulley Footrest, Leg Press Attachment, Lat Pull Down Pad Lock Attachments, Resistance Band Holders, TRX Holders, Lats Pull Down Bar, Bi-Tri Bar, Crossover Handle EXERCISES - There are more than 50 exercises which can be performed on this machine, workout video is available which covers major workouts like 1. Cable Crossover 2. Lats Pull Down 3. Back Pull Down 4. Pec Fly 5. Rear Delt 6. Squats 7. Shoulder 8. Incline Bench Press 9. Flat Bench Press 10. Decline Bench Press 11. Ground Pulley or Rowing 12. Bicep 13. Tricep 14. Manual Squats 15. T-Bar 16. Pull-Ups 17. Stretching 18. Dead Lift 19. Leg Press 20. Low Cable Row 21. Lunges 22. Collars and many more. Weight - 400 kgs
2	TRADEMIL-LET'S PLAY 4.5 HP Peak Japanese DC Motor Treadmill with Massager for Home Use   3 Level Auto Incline, Max Speed 14.8km/hr, 120Kg User Weight   Anti-Skid Belt, 12 Programs, 1 Yr Warranty (Spider Plus)	2Nos	Supply and Installation / Maximum Speed -14 Kilometres per Hour, Special Features Foldable, Heart Rate Monitor, Manual Incline, Water Bottle, HP- 5 Horsepower, Display Type-LED, Power Source -Corded Electric, Number of Programs-12, Connectivity Technology Bluetooth, Control Program Name Heart Rate Control, Metrics Measured- Calories Burned, Distance, Heart Rate, Speed, Time, Maximum Weight Recommendation - 110 Kilograms, Speed Rating 1-14km/hr, Minimum Speed -1 Kilometres per Hour, Item Dimensions D x W x H 148D x 70W x 138H Centimetres, Item Weight 49.2 Kilograms, Packed Size- 720x700x1380mm, Material Type -Alloy Steel, Frame Material - Alloy Steel



3	Life Line Fitness Multi Home Gym Multiple Muscle Workout Exercise Machine Chest Biceps Shoulder Back Triceps Legs For Men At Home, 72Kg Weight Stack, Made In India(Hg-002(Without Installation))	1Nos	Supply and Installation / Item Weight- 120 Kilograms Item Dimensions D x W x H- 175D x 111W x 210H Centimetres Tension Supported- 72kg Handle Type- fixed handle Strap Type- Cable/Pulley straps Colour- Silver, Black Material Type- Alloy Steel
4	Mild Steel Mybeast MBLEG001 Leg Press with Hack Squat Plate Loaded Machine for Home and Commercial Use   Lower Body Workout   Heavy Duty Leg Workout Equipment for Gym and Home, Black With Red	1Nos	Supply and Installation / Item Weight- 300 Kilograms Brand- Generic Colour- Black With Red Material- Mild Steel Product Dimensions- 239D x 140W x 168H Centimetres
5	Burnlab 6 in 1 multifunctional weight training kit - Dumbbells, Kettlebells, Barbells & Push up brackets in 1   Adjustable Weights   Perfect for Full Body Workout for Men & Women	1Nos	Supply and Installation / 20MM foam barbell: Thickened foam in the barbell rod fits more comfortably on the neck and also helps in preventing any injuries. Burnlab weights allow you to enjoy the benefits of a fully equipped gym without having to go to the gym! Rewrite the rules of fitness with Burnlab. 12kgs dumbbell set contains: 4 plates x 1.25kg = 5kg, 4 plates x 1.5kg = 6kg, & other accessories of 1kg. 28kgs dumbbell set contains: 4 plates x 1.25kg = 5kg, 4 plates x 1.5kg = 6kg, 8 plates x 2kg = 16kg & other accessories of 1kg. 20kgs dumbbell set contains: 4 plates x 1.25kg = 5kg, 4 plates x 1.5kg = 6kg, 4 plates x 2kg = 8kg & other accessories of 1kg. "You asked, we delivered. Now available in 2 more sizes for all the heavy lifters: 30 kgs & 42 kgs. 30 kgs set contains: 4 plates x 1.25kg = 5kg, 4 plates x 1.5kg = 6kg, 4 plates x 2kg = 8kg, 4 plates x 2.5kg = 10kg & other accessories of 1kg. 42kgs dumbbell set contains: 4 plates x 1.25kg = 5kg, 4 plates x 1.5kg = 6kg, 4 plates x 2kg = 8kg, 4 plates x 2.5kg = 10kg, 4 plates x 3kg = 12kg & other accessories of 1kg. Product color might slightly vary due to photographic lighting sources or your monitor settings
6	Symactive High Performance Heavy Duty 4 feet Filled Punching Bag with Rust Proof Stainless Steel Hanging Chain   SRF Material   for Boxing, MMA and Muay Thai   Black with holding chain (steel)	1Nos	Supply and Installation / Size-4 ft Colour- Black Item Weight-14000 Grams Item Dimensions- W x H32W x 121.9H Centimetres Outer Material Type-Synthetic Rubber Fiber (SRF)
7	Standing Tummy Twister Exercise Machine for Home Double Support heavy duty Adjustable Height Feature Twister for exercise at home suitable for all users.	2Nos	Supply and Installation / Item Weight-3 Kilograms Item Dimensions L x W x H-44.2L x 43.6W x 22.2H Centimetres



8	Kettlebell	2Nos	Supply and Installation / Item Weight-5000 Grams and 5800 Grams, Brand-Fit Box Sports Colour- Black, Material- Rubber Product Dimensions=7.6L x 7.6W x 12.7H Centimetres
9	Dumbbells Combo	3Pair	Supply and Installation / weight- 2.5 Kg + 5 Kg + 7.5 Kg + 10 Kg Colour- Black, Material-Rubber
10	Spin Fitness Bike with 8Kg Flywheel, Adjustable Resistance, LCD Monitor and Heart Rate Sensor	1Nos	Supply and Installation / Special Features-Adjustable Power Source Type- Manual Resistance Mechanism- Friction Number of Resistance Levels-2 Drive System-Belt, Item Weight-28000 Grams Item Dimensions D x W x H-99D x 23W x 80H Centimetres Maximum Height-42.5 Inches Maximum User Weight- 120 kgs
11	Metal Integrated Rubber Plates, gym equipment set for home workout with 5ft rod, 3ft curl rod and star nut dumbbell set for home 10kg to 100kg	1 Set	Supply and Installation / Material-Metal-Rubber Brand-HASHTAG FITNESS Item Weight-30 Kilograms Grip Type-Knurled Weight Limit-30 Kilograms Adjustable dumbbell set for home with Selected Variations Weights + 1 x 5Ft heavy rod + 1 x3ft heavy Curl Bar + A pair of Solid dumbbell rod with Solid Star Nuts+ 1 pair gym gloves + 1 pair hand strength gripper + 1 skipping rope
12	Protoneer 3 in 1 Dumbbell Rack, Plate Stand and bar Holder	1 Set	Supply and Installation / Material-Blend, Product Dimensions-40D x 111W x 96H Centimetres, Style-3 in 1 rack (capacity 400 kg) Item Weight-12000 Grams

  
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